



OPTIMIST TENNIS INFORMATION

The Rolla Optimist Tennis Program will be held June 6th through June 16th. Practice sessions will be held as follows:
Monday and Wednesday evenings for children ages 12 – 15;
Tuesday and Thursday evenings for children ages 9 – 11.

All sessions will be from 4:00 until 5:30 pm

All activities are at the Ber Juan Tennis Courts in Rolla



**This is a free Program
Parent Help is Welcome**



Practice sessions are an introduction to tennis and will include general instruction and some light competition. We teach a gradual progression through all the strokes along with game-type activities. Starting with the serve forehand, backhand, and overhead volleys. There will be instruction on scoring, etiquette, and general information about the sport of tennis.

Rainouts: If concrete is wet at 3:30 pm. Practice will be can-

General Information: Tennis balls will be provided. All players need to wear flat, soft-soled athletic shoes. There is a water fountain nearby; players may bring ice water or sports drinks. All players need a racquet, we will have a few racquets available to borrow. If you decide to buy a racquet, please make sure the racquet is light and the grip is the correct size. The player's fingers should go around the grip with the end of the middle finger just touching the base of the thumb.

Parents—Keep this side of the registration form

Optimist Club of Rolla Free Tennis Program

Please mail the completed form to Karen Mobley



PO Box 1928
Rolla MO 65402
426-2211



Name _____

Address & City _____

Phone # _____

School You Attend _____ Age _____

Parent or Guardian _____

Name, Address & Phone # of Contact (in case of emergency)

Please indicate your skill level

Beginner – Have never played before or have played very little. _____

Intermediate – Familiar with most aspects of the game. _____

Advanced – Can hit all strokes with consistency and pace. _____

T-shirt size: Adult or Child : S M L XL (circle choices)

Parent or Guardian – Please complete this portion of this form

I, _____ (Parent or Guardian), recognize and approve of The Optimist Club of Rolla sponsored activity (Tennis Program), and further acknowledge that _____ (Player's Name), who is a minor in my custody, will take part in said activity. I further agree on my part and on the part of the minor in my custody, to hold the Optimist Club of Rolla harmless from any liability arising from injury to property, real or personal, as well as direct injury to the minor in my custody, or injury to any other person.

Email address _____